Who to phone:

Tasmania Police 000

Family Violence Crisis Line 1800 633 937

SafeChoices 1800 806 189

National Relay Service Voice call 133 677

No excuse for abuse.



please scan code below for audio







Funded by the Australian Government Department of Social Services.







Abuse is any of these:



stalking you



hurting you



spying on you



shouting at you



controlling your money



unwanted sex



stopping your religion or customs



stopping you seeing people



making threats